

Date: _____

ASSOCIATED PSYCHOLOGISTS & COUNSELORS, LLC

1306 North 13th Street; Suite 100

Norfolk, NE 68701 - Phone: 403-271-8218 - Fax: 402-371-8259

Personal Data Sheet

Client Name _____
Birth Date _____ Age _____
Address _____
City _____
State _____ Zip _____
Home Phone # _____
Work Phone # _____
Cell Phone # _____
Email Address: _____
Employer _____
Marital Status _____
Number of Years Married _____
Social Security # _____
Guardian (if applicable): _____

Spouse's Name _____
Spouse's Birth Date _____
Spouse's Employer _____
Spouse's Work # _____
Spouse's Cell # _____

IF CLIENT IS UNDER AGE 18:

Mother's Name _____

Work # _____

Father's Name _____

Work # _____

Non-custodial parent's address (if applicable):

Individual financially responsible for fee (*please list name, address, and **Social Security Number***): _____

Names & Birth Dates of Children (or siblings if client is a child/adolescent):

Name _____ DOB _____ Name _____ DOB _____
Name _____ DOB _____ Name _____ DOB _____

Highest level of education completed by: Self _____ Spouse _____

Referred to **APC** by: _____

Name & Address of nearest relative or friend NOT living with you:

Telephone _____

PERSONAL PROBLEMS CHECKLIST

Please check mark all general areas which currently concern you and circle those that are most pressing for you at this time:

- | | | | |
|--------------------|----------------------------|----------------------------|---------------------------|
| _____ Shyness | _____ Parenting | _____ Depression | _____ Stress |
| _____ With Parents | _____ Assertiveness | _____ Suicide | _____ Communication |
| _____ Insomnia | _____ Guilt | _____ Separation | _____ Death |
| _____ Relaxation | _____ Divorce Preparation | _____ Verbal Abuse | _____ Sexual Abuse/Incest |
| _____ Job Related | _____ Divorce Adjustment | _____ Physical Abuse | _____ School |
| _____ Legal | _____ Phobia | _____ Relationship Problem | _____ Marital |
| _____ Family | _____ Marriage Preparation | _____ Blended Family | _____ Impotence |
| _____ Dating | _____ Weight | _____ Sexual Identity | _____ Medical Problems |
| _____ Alcohol Use | _____ Alcoholism in family | _____ Drug Abuse | _____ Nervousness/Anxiety |
| _____ Panic | _____ Anger | _____ Sexuality | _____ Other (explain): |

Date: _____

Please list any previous mental health care providers (if applicable) and approximate dates of service (e.g., *Claire Jones, 12/2009-6/2010*): _____

What kinds of treatment interventions have been tried in the past? And how effective have these interventions been on a scale from 1-10 (with 10 being the most effective or helpful)? (e.g., *discussing trauma related feelings – 8, behavioral modification strategies – 5*): _____

Please describe the client's enjoyable activities: _____

Please list the client's history of legal involvements, if applicable (e.g., *DUI – 2008*): _____

Please describe the client's religious preferences: _____

Please describe any current medical conditions or special healthcare needs: _____

Please list medical care providers (a primary care physician, at minimum): _____

Please list current medications and prescribed dosages (e.g., *Lexapro – 25 mg*): _____

Please list date of initial prescription or refill for each medication: _____

Please list any over the counter medications being used: _____

Please list any known pre-natal or peri-natal events that may have affected client: _____

Please list any known allergies or known sensitivities to foods/drugs/other substances: _____

